



AWAKEN360

THERAPY | EDUCATION | COMMUNITY

Awake O' Sleeper, rise up from the Dead and Christ will give you Light. -Ephesians 5:14

AWAKEN360 THERAPEUTIC ACADEMY
Restoring Hope & Empowering Families

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Index

Awaken360 Team.....	4
Philosophy and Mission Statement	6
Admission Process.....	8
Exhibiting the Need	9
Services Offered.....	10
Program Expectations.....	13
Crew System.....	16
Elected Roles.....	17
How We Hold You Accountable.....	18
Program Milestones.....	19
Complete of the Awaken 360 Academy.....	22

The Awaken360 Team

Heather M. Freeman, M.A., LPC—CEO and Founder

Heather M. Freeman, M.A., LPC is the CEO & Founder of Awaken360. She began her work with at-risk youth and their families at a residential treatment center where she worked for almost ten years. She holds a Master of Arts in Clinical Psychology and a Bachelor of Science in Clinical Psychology and Child and Family Development and is a Missouri Licensed Professional Counselor (LPC). Her passion of helping people unlock their God-given gifts to find and seek the purpose interwoven in their lives began when she was just 12 years old witnessing the struggles of loved ones who battled life-controlling adversities with minimal community resources. It was then that she dedicated her life to meeting the needs of her neighbors so that together as a community we can restore hope and empower families.

She is also the author of *Waging War: A Christian's Cognitive Behavioral Health Workbook*, the program workbook for Awaken360; the word of God forming the basis of a cognitive behavioral approach to victory in your life and over darkness made available to all. She is also the co-author of *13 Reasons to Live*, a book about the choice of life or death in a suicidal mind.

Hannah Littlepage, M.S., LPC—Board of Directors of Awaken360 and Director of Admissions and Counseling

Hannah L. Littlepage M.S. LPC graduated in 2014 from Evangel University. Throughout her higher education she worked with children, youth and families in the local church as well as inpatient behavioral and psychiatric treatment settings. She works with adolescents, children and their families in crisis through individual, family and group therapy. Her treatment approach is individualized and eclectic focusing on Cognitive Behavioral Therapy, Strengths Based and Solution Focused models. She has experience working with a wide range of issues such as anger, depression, oppositional defiance, ADHD, substance abuse, human trafficking, promiscuity, self-harm, eating disorders, homicidal and suicidal ideation, low self-esteem, family system issues, ineffective social and coping skills, grief and loss, childhood trauma and attachment issues. She has worked frequently with children and their families in the foster care system and adoptions working toward reunification. Her goal is to empower and restore hope to young people and their families.

Cyndi Trapp—Board of Directors of Awaken360—Director of Support

Cynthia Trapp has worked as Director of Angel House Maternity Home overseeing administration duties. Included were the planning and operation of an annual budget, and monthly financial statements. Duties included fundraising, marketing and community outreach. Working to develop other resources necessary to support the ministry which included grant writing. She was responsible for the

enhancement of Angel Houses image by being active and visible in the community and by working closely with other professional, civic and private organizations.

Gabi Hane-Board of Directors

Gabi Hane graduated in 2016 from Missouri State University with a Masters in Public Administration. Gabi served at Catholic Charities of Southern Missouri as the Disaster Resilience Officer where she partnered with over 15 local entities to help those with limited English be better prepared for disasters, resulting in a new community organization. Later as the Disaster Case Management Program Manager, Gabi empowered leaders across multiple departments, created and trained on tools, policies & procedures for effective, compassionate services, and tracked progress in accordance with multiple federal, national, and local grants. Since 2018, Gabi has served as a Regional Program Manager and Social Media Manager with Enactus United States, where she develops training materials and coaches college students on how to build trust and meet local needs in an empowering, entrepreneurial way.

Derek Royce MT-BC -Board of Directors and Rehabilitative Services

Derek S. Royce MT-BC, graduated in 2014 from Drury University, completing his internship at MusicWorx in San Diego, California. There, he worked within hospitals, substance abuse clinics, schools, homeless shelters, and military bases providing music therapy groups. These clients' hardships ranged from addiction, TBI, PTSD, intellectual and developmental disabilities, health/wellness, human trafficking, dementia/Alzheimers. It is these experiences that propelled Derek to further pursue the rehabilitation and enrichment of life for individuals within the behavioral health setting. Since 2015, he has provided recreational and expressive therapies for at risk youth at the facility he is currently employed as the Activities Coordinator, reaching at-risk youth with suicidal ideation, homicidal ideation, self-harm, ADHD, anger/aggression, grief and loss, defiance/opposition. It is his dream to identify and grow the creative capacities in others, in turn, creating a more profound sense of purpose and direction amongst life's difficulties.

Chelsea Kowalski-Board of Directors and Communications

Chelsea Kowalski graduated in 2013 from Evangel University with a degree in Journalism. She currently works as a freelance writer, editor, and virtual assistant. She has over 10 years of experience volunteering with community outreaches and after-school programs for at-risk youth. She is passionate about helping Awaken360 communicate their vision, mission, and goals.

Philosophy and Mission Statement

Mission: Awaken360 is a faith-based therapeutic academy dedicated to restoring hope and empowering families through education, counseling, and family-focused care.

Vision: Our vision is to foster healing for struggling teens as they change the trajectory of their lives, overcome adversity, and pursue their God-given purposes.

Values: Awaken360 is a therapeutic academy incorporating faith based principles and empirically founded therapies.

Integrity: Doing the right thing, for the right reason.

Respect: Regard for feelings, wishes, and the rights of others

Responsibility: Rising to meet and exceed the expectations of duties and position.

Self-Enrichment: Developing knowledge, faith, emotional intelligence, and initiative.

Servant-Leadership: Serve and promote the well-being of others, demonstrating the characteristics of empathy, listening, stewardship, and commitment to personal growth toward others.

Credibility: Our therapeutic academy offers a comprehensive accredited education program, targeting teens grades 6-12, as well as behavioral health and/or mental health services. Students will participate in their specialized learning plans (SLPs) to fulfill academic requirements while completing the five phases of our Faith-Based Cognitive Behavioral Therapy Program. A positive peer culture is fostered through assignment to a "crew," where students maintain accountability in their pursuit of education and enrichment. Awaken360 will operate between the hours of 7am-4pm, where students will have the opportunity to participate in community-partnered after school programs. Our qualified staff develop learning plans that set our students on a path to success academically, socially and emotionally. To meet the unique needs of each student, Awaken360 uses the following evaluations and assessments before developing a learning plan:

- Comprehensive diagnostic assessment that helps determine student's proficiencies and areas that require remediation
- Psycho-social assessment to determine student's mental, physical and emotional health
- SASSI - Substance Abuse Screening

- Psycho-educational assessment provides an estimate of student's cognitive abilities and educational achievement levels

Based on results, in addition to the student's academic plan, the following behavioral health care will be incorporated into his/her individualized learning plan:

- Individual and Family Therapy
- Group Therapy
- Crisis Management
- Behavior Management
- Expressive & Recreational Therapy
- Service and Community Projects
- Discipleship Emphasis

Objectives: In order to assure the delivery of high quality services and to meet public and ethical responsibility, Awaken360 sets forth the following objectives:

- Identify and meet needs within the community.
- Provide individualized care in the least invasive manner for youth.
- Meet and exceed the expectations of youth, community and employees.
- Provide an environment that maintains the safety and security of youth, their families, employees, and visitors.
- Collaborate with other organizations in achieving our mutual visions.
- Show appreciation while understanding courtesy, and respect to all youth, employees, and community.
- Meet and exceed the standards for applicable regulatory, licensing, and accrediting bodies.
- Continued evaluation and appropriate revisions of programs, policies, and procedures.
- Prioritize good communication, teamwork, and leadership.
- Educate and retain qualified, competent, and caring employees.

Admission & Referral Process

Admission Process

Families seeking enrollment in Awaken360's Therapeutic Academy should contact us at 417-251-1750 or visit our website at Awaken360.org to fill out an enrollment inquiry form.

Upon initiating contact, a staff member will reach out to you to proceed in the following process:

- Schedule a Facility Tour
- Complete Admission Paperwork and non-refundable 25\$ deposit.
 - Personal Development and Special Needs Documentation
 - Diet Plans
 - Emergency Preparedness Forms
 - Immunization Records
 - Acknowledgement of Parent's Review of Policies & Procedures
 - Illness Policies
 - Medical Exam Report from Pediatrician
- Discuss any need for scholarship/child care subsidy enrollment
- Enrollment in teacher/parent communication and payment portals

Exhibiting the Need

Many families seeking help for themselves and their youth do not always receive the amount of care needed to adequately address the root cause. There is a deficiency for students who require specialized care in regard to emotional and behavioral disturbances that are not being addressed in the traditional classroom setting. Many families cannot afford the level of care needed for their teen to succeed; Awaken360 will provide services to all families in need of a specialized education environment. One in five (or 20%) of youth, ages 13-18 live with a mental health condition. Research reveals that students with learning differences often have co-existing mental health challenges - or vice versa. Awaken360 aims to provide programs that assist adolescents with their academic and mental health disadvantages.

Teens tend to act out in various ways in an effort to communicate their feelings. This "acting out" causes disruptions in their education. One of the major reasons that youth struggle academically is because they lack confidence and discount their capabilities. If an individual doesn't value or respect themselves, they will not respect or value others. Therefore, Awaken360 empowers youth by first equipping them with education.

The average delay between onset of symptoms and intervention is 8-10 years. The school expulsion rate in Springfield, MO is 2 times the state average and 17 times the national average. Awaken360 aims to provide preventative care and find the balance of behavioral intervention, enrichment, engagement, and academics, naturally inspiring physical, emotional and spiritual well being. Referrals from schools and other community resources to Awaken360 set youth up to succeed in completing their education and maintaining attendance.

Our unique structure enables youth to practice the techniques at home that they're taught in the classroom and their family sessions. This allows the family to attain an accurate assessment of improvements made regarding the identified problem areas. These observations will be communicated in the subsequent family sessions, and interventions will be further tailored to the individual needs of the family as they arise. This is a benefit of our structure that more invasive settings **do not** provide due to distance and separation of the teen from their family.

One of the most important aspects when considering any level of treatment is preparing youth to be successful when they reintegrate back into their home and previous school setting. The goal of Awaken360 is to see youth function in their family, community, and academic settings while striving toward their God-given purpose.

Services Offered

Academics

Specialized Learning Plan (SLP)

Awaken360, offers academic services to youth via an online accredited curriculum through Launch. In our small classroom settings, with lower teacher to student ratios, students will have the opportunity to excel in their studies and become tutors to their peers. Speech and hearing, physical and occupational therapy services are referred to community agencies for those whose Individualized Education Plans (IEPs) call for such.

With the use of the student's SLP, academic progress is accelerated, enabling them to reintegrate into their previous school setting. While all students are encouraged to pursue completion of their high school education, Awaken360 provides assistance with GED preparations once high school graduation is no longer deemed a realistic goal.

Expressive Therapy

Recreation, Music, Art, Movement

Awaken360 offers a wide array of therapeutic services including expressive and recreational approaches to treatment by clinical professionals. We understand that each student has potential to grow using their innate creativity. We provide services that excel students in their well-being through creative and recreational capacities. Treatment outcomes include, but are not limited to, improving communication, teamwork, and healthy emotional expression, while increasing physical, cognitive, and/or social functioning.

Counseling

Individual, family, and group therapies based in Cognitive Behavioral Therapy (CBT)

Awaken360 offers therapeutic services that are inspired by faith-based CBT. Our program utilizes the material written by our Founder Heather M. Freeman, M.A., LPC. in *Waging War: A Christian's Cognitive Behavioral Therapy Workbook*. We seek to be ever-evolving in our holistic approach based on individual needs. We also focus on improving the implementation of these evidence-based interventions and treatment modalities.

Individual Therapy

Awaken360 values holistic approaches to intervention. Individual therapy allows for exploration of emotional, behavioral, relational, and spiritual well-being. Purpose, identity and healing from past trauma are important in the development of teens. Therapists aim to bring light to these areas that previously remained unexplored by creating treatment plans that reflect identified problems and targeted goals.

The individual session will occur once per week with a licensed professional who is the student's primary therapist. This is required and more than one unexcused absence will result in a review of your child's enrollment in our program by the administration and/or loss of financial assistance from Awaken360.

Family Therapy

Awaken360 believes that when one member of the family is struggling, the whole family is affected. Therefore, the teen is not viewed or identified as the only patient. We view the dynamic as a whole and do not identify a single member to be the problem. **Family therapy is one of the most important avenues of long-term change.**

Consistency and continuity are key to lasting change. Techniques administered throughout all aspects of programming will be incorporated in the family session to encourage implementation in their daily lives.

The family session will occur once per week with a licensed professional who is the student's primary therapist. This is required and more than one unexcused absence will result in a review of your teen's enrollment in our program by the administration and/or loss of financial assistance from Awaken360.

Group Therapy

Group psychotherapy, facilitated by licensed professionals, will be offered twice weekly. We address therapeutic topics such as universality and interpersonal relationships within the group.

Five benefits of group therapy:

1. Helps you realize your not alone
2. Facilitates giving and receiving support
3. Helps you find your voice
4. Helps you relate to others and yourself in healthier ways
5. Provides a safety net

Psychiatric Services

Awaken360 will refer to a preferred psychiatrist as services are deemed necessary or requested.

Social Community

Awaken360 believes that human connection is vital for survival and, in addition, can be one of the most meaningful aspects of change. When we are alone, left to face challenges, it can feel overwhelming and impossible. With support, these challenges are shared and burdened by a collective group who know your experience as their own. Awaken360 focuses attention on connecting families and youth with others so that everyone within the family system has more support than they had at the time of enrollment.

Social intervention is one of the most impactful strategies when working toward change. Utilizing Positive Peer Culture, a therapy structure developed by Harry Vorrath, helps us create an environment that encourages youth to hold each other accountable. This method suggests that change can happen through the building of self-worth, significance, dignity, and responsibility, only as the youth becomes committed to positive values of caring and helping others.

Establishing community, leading to support and inclusion, is another primary goal at Awaken360. Our hope is that students and their families feel a sense of belonging, value, and connection. Crews, which are made up of 10-15 youth and their families, are assigned upon enrollment. They will be maintained the entirety of the program in an effort to

create a sense of community with defined roles. Crews will participate in programming together, including but not limited to, school, activities, groups, and volunteering. Family involvement is fostered by way of participation in crew activities. Families are expected to join their youth's crew during all applicable activities where family involvement is required. Each crew will share the same therapist and home room teacher.

Program Expectations

In order to maintain accountability and promote youth to achieve their best, Awaken360 sets forward expectations and guidelines for enrolled youth and their family. These expectations are also required to maintain enrollment and attain financial assistance when applicable.

Unconditional Acceptance

Awaken360 utilizes positive peer culture and desires to push you to be the best version of yourself. As Christians, God expects us to love Him and love people above all else. In so doing, we are charged with caring for one another and having their best interests in mind. As a person becomes more committed to caring for others, s/he abandons hurtful behaviors. One of the most loving things people can do is to challenge one another to achieve their best by showing care and concern. By creating an atmosphere of kindness, firmness, dignity, and respect, students learn responsibility. Rather than demanding *obedience* to authority or peers, Positive Peer Culture demands *responsibility*, empowering youth to discover their greatness. When people live and work together, truly caring about one another, tremendous benefits are reaped by all. This is what a Positive Peer Culture is all about.

Accountability

By teaching the power of choice, students learn about positive and negative consequences and become accountable for their future. Students become committed to the positive values of helping and caring for others, increasing self-worth, dignity, and responsibility. They will be encouraged to work out their own problems, engaging critical

thinking skills to develop conflict resolution amongst each other. Holding someone accountable should be done with a **heart to help**, instead of a **heart to shame**. The following list is meant to set a standard of conduct for enrolled students:

- Drug-Free (UA screening as needed)
- Suitable language (ie. no cursing)
- Modest and acceptable dress
- Satisfactory attendance
- Punctuality
- Genuine effort and participation
- Priorities congruent with growth
- Positive interactions amongst peers
- Healthy boundaries

Youth who consistently fail to maintain conduct listed above, *after* effort has been made to assist them in meeting these goals, will be subject to administrative review of their enrollment status, pending additional intervention, and/or loss of scholarship.

Appropriate Priorities

During adolescence, there are many changes that occur naturally as we grow into adulthood. We believe in instilling a sense of self-control and discipline through the development of identified priorities. As an organization, we encourage each member of our team and those we serve to maintain the following priorities:

- Faith
- Family
- Maintaining wellness
- Self-Enrichment
- Service to others

Volunteer Service

Awaken360 believes in the power of selfless acts that benefit both the community and the volunteer. We promote becoming "others-centered" and focus on empathy, compassion and caring which builds a positive peer culture. As such, it is the requirement of every Crew to identify and participate in a service project in their community once per month. One parent or guardian must attend this volunteer outing with their enrolled

youth. Following their service project, the Crew will report their experience during the morning community meeting.

Scholarship

Awaken360 offers scholarships in partnership with community resources that allow every youth the opportunity to enroll regardless of ability to pay. Youth and families are asked to participate in various fundraising activities and events that assist in scholarship and program funds.

Hobbies and Activities

Awaken360 strongly encourages enrolled youth to identify and participate in at least one hobby/activity during their enrollment. Awaken360 will provide a list of community organizations that offer an array of programs, activities, and hobbies for students to choose from. These activities are seen as investments into their talents. The student's interests can be used as coping skills, encouraging personal development and self-value.

Crew Night

This is an event that is hosted at the Awaken360 Academy campus or another public venue. Each Crew is responsible for planning and attending a monthly Crew Night. This Crew Night can take place at any family-friendly location that each Crew identifies. Please keep in mind the activity and location of the event must align with Awaken360 values and expectations. Parents or Guardians are required to accompany their student. Immediate family members are encouraged to attend.

Academic Readiness

Awaken360 prepares students for reintegration into their previous community school setting. We aim to provide the tools to succeed in the traditional classroom setting. A GPA of at least a 2.5 with a 95% attendance will be required for everyone enrolled in the program. Tutoring will be offered along with additional resources so that every student is set on a path of academic success.

Sick Policy

If your child has had diarrhea, vomiting, or a fever within 24 hours they are to stay home to rest. If a child has had an operation in which anesthesia was needed, they are to stay home to rest their bodies prior to their return to care at Awaken360. A fever is considered 100.4F or higher. Tuition is not suspended during these times except in an extreme, case-by-case basis.

Vacation and Holidays and Snow Days

Awaken360 will observe the holiday schedule and snow day policy of the Springfield Public School District (SPS). These dates will be updated annually in coordination with SPS publication of these dates.

Each family is free to take vacation as they see fit, as often as they see fit. Two-weeks per year will be permitted without tuition payments given that a 1 week notice be provided to staff prior to the vacation dates.

The Crew System

The purpose of the Crew is to encourage change through peer support, social consequences, and accountability. Innately, this creates the ability to relate with others in sharing a common goal, thus, providing each student a specific function to play as a member of their crew. They will convert negative peer influence into care and concern for others as well as to improve social competence. The Positive Peer Culture model assumes that as group members learn to trust, respect, and take responsibility for the actions of others, norms can be established. These norms not only extinguish antisocial conduct, but more importantly reinforce pro-social attitudes, beliefs, and behaviors. Positive values and behavioral change are achieved through the peer-helping process.

Point System

Each crew member contributes to the earning or losing of total crew points for the month by either exceeding expectations or violating rules. Crews will begin each month at zero and accrue points daily toward an overall monthly total.

Point Values

- Crew members will begin the day with five points for attendance.
- The crew voted with the most creative Service Project will be awarded 25 points each month.
- When every member of your crew maintains A's and B's, your crew will be awarded 50 points (assessed monthly).
- When a member of your crew completes the program under the following designation their crew is awarded 25 points:

- Recommendation of the Program
- Graduation and Completion of the Program

What is the "Top Crew"?

Monthly, each crew will be evaluated to see how many points they have earned collectively. Whichever crew has the most points wins and is Top Crew until the end of the next quarter.

What is the significance of winning Top Crew?

- A banner to represent your Crew's Crest in the main auditorium
- Special outings
- Positions of Leadership
- Determine field trips and outings for the month.

Elected Roles

Elections will be held at least once per month from a provided list of candidates.

President

- Lead each monthly meeting having created an agenda for the meeting based off of the needs of the student body.
- Lead each morning meeting announcing guest speakers, crew members presentations, etc.
- Facilitate the Morning Rally meetings prior to classes.
- Vote on action points brought to the monthly meetings.

Vice President

- Assist the President in their mutual duties and to be prepared and available to conduct the President's duties in the absence of the President.
- Vote on the action points at the monthly meetings.

Secretary

- Document the meeting minutes at every monthly meeting.

- Create, file, and organize the documents in each meeting including the volunteer assignments and reports from each Crew.
- Tally the points totals daily for each Crew and post them in the Crew Points Bulletin and Administration Office.
- Vote on the action points at the monthly meetings.

Crew Lead

- Lead their Crew in creating, executing, and presenting on Volunteer projects each month while taking attendance.
- Lead their Crew in planning and attending monthly Crew Nights while taking attendance and presenting with pictures of the events at the assigned morning meetings
- Encourage and hold each member of their Crew accountable to what is expected of them.
- Be present at each monthly Student Council meeting to discuss pertinent points on behalf of their Crew.
- At the beginning of each year, Crew Lead is tasked with leading their Crew in designing their Crew Crest.

Character Awards

Youth who demonstrate character traits that go above and beyond, will be awarded with the Character Award. This will be included in their recommendation letters at graduation from the program. This will also result in an award of points (exact number of points to be determined by the treatment team) to that youth's Crew.

This is determined and discussed as needed at Student Council meetings.

How We Hold You Accountable

- Remind you and encourage you to think first and act second.
- Encourage you to talk to your Crew Lead.
- Encourage you to take some time away and offer you options.
- A loss of Crew Points.

- A loss of the crew symbol on your name badge.
- One-on-One with Treatment Team Members
- Conference with parents and Treatment Team Members
- Administrative Review of Enrollment Status and other programs

In extreme situations, Awaken360 reserves the right to respond to situations using appropriate means *in order to maintain safety of all members* that include but are not limited to the following actions:

- Early dismissal, call to parents/guardians, and conference with treatment team and parents/guardians.
- Suspension from the program until the end of administrative review.
- A call to the police.
- Immediate Dismissal of Enrollment and referral to alternative means of treatment/care.

Program Milestones

Estimated time at Awaken360 Academy is approximately 6 months, or one semester.

The following expectations apply to each phase:

- Demonstrate a genuine ability and effort to meet the expectations of program rules and code of conduct both on and off campus, displaying a level of character outlined in Awaken's program values.
- Actively participate with members of your Crew in identifying, planning, executing, and reporting on volunteer projects throughout the community at a minimum of once every 30 days.
- Maintain an individualized goal identified by the treatment team regarding GPA in an effort to improve previous study habits. Specific goals to be identified in the initial treatment team meeting upon the start of the program.
- Complete individual assignments as indicated by primary therapist and members of your treatment team.

- Receive 75% of the votes from members of your crew to be eligible to proceed to the next phase of treatment.

First Phase- Foundations

- Complete, process, and demonstrate an applied understanding and internalization of the principles in the *Waging War Workbook*.
 - Chapter One
 - Part One: What is CBT
 - Part Two: Joy in the Midst of Suffering
 - Chapter Two
 - Tools
 - Chapter Three
 - The Four Pillars

Second Phase- Preparing for change

- Complete, process, and demonstrate an applied understanding and internalization of the principles in the *Waging War Workbook*.
 - Chapter Four
 - Where Do You Stand
 - Chapter Five
 - The Big Picture: A War for You
 - Chapter Six
 - The Battlefield: Where We Go to War
 - Chapter Seven
 - Who is in Your Company
 - Chapter Eight
 - What Goes in Must Come Out

Third Phase- Battling Faulty Beliefs

- Complete, process, and demonstrate an applied understanding and internalization of the principles in the *Waging War Workbook*.
 - Chapter Nine
 - Faulty Beliefs: Doubts and Insecurities
 - Chapter Ten
 - Pride, Entitlement, and Justification
 - Chapter Eleven

- Sin, Guilt, and Remorse
- Chapter Twelve
 - Your Past Does not Equal Your Destiny
- Chapter Thirteen
 - Sex, Love, and Responsibility

Fourth Phase-Understanding “The Truth”

- Complete, process, and demonstrate an applied understanding and internalization of the principles in the *Waging War Workbook*.
 - Chapter Fourteen
 - Created with Love
 - Chapter Fifteen
 - Plans for your Future
 - Chapter Sixteen
 - Your Armor
 - Chapter Seventeen
 - Breaking the Shackles

Fifth Phase-Maintaining Your Freedom

- Complete, process, and demonstrate an applied understanding and internalization of the principles in the *Waging War Workbook*.
 - Chapter Eighteen
 - Sixty-Six Days of Awkward
 - Chapter Nineteen
 - Accountability and Trust
 - Chapter Twenty
 - Boundaries
 - Chapter Twenty-One
 - Wrapping Up

Completion of the Awaken360 Academy

*Determination of graduation will be the assessment/observation of a decrease of intensity, frequency, and duration of high-risk behaviors that previously prevented the youth from living their lives to the fullness of their capability determining their "special need" inert.

Graduation and Completion of the Program

- This designation is assigned to youth who progress through the five phases of the program and graduate from the program as determined by their treatment team.

Recommendation of the Program

- Sometimes life happens. Awaken360 recognizes that in rare circumstances, situations occur in life that are unforeseen. Therefore, this designation is assigned to youth who have not graduated from the fifth phase of Awaken360s program, but who have displayed signs that they are prepared and ready to move to a less-structured environment for the remainder of their work.

Maximization of Treatment Potential

- Not every environment works for every individual. Sometimes it is a combination of timing, circumstance, willingness, and situation that have to come together in order to make things "click". This designation applies to youth who during their time at Awaken360 demonstrate a difficulty to develop their strengths within our setting.

Discontinuation of Services

- This designation only applies to youth, and/or families who fail to comply with Awaken360s program safety protocols and expectations and are referred out to community resources for the remainder of their work as determined by the treatment team.

Graduation and Discharge Process

- The Treatment Team will determine the discharge date for each enrolled youth based on their progress for meeting the program expectations and their individualized treatment plan goals.
- The Treatment Team will determine the designation of discharge for each enrolled youth.

- The date of discharge is to only be communicated to the youth and their family by their therapist at their, and the treatment team's discretion and by *no one else*.
 - Paperwork to take home:
 - Discharge Summary
 - Discharge Recommendations
 - Safety & Prevention Plan
 - Letters of Recommendation and Achievement
-